Contact Information

- Tom Schmiedel
- Room 103 Haas Library
- 203-837-9141
- schmiedeltf@wcsu.edu
Outline

• Peer reviewed journal articles
  – Ebsco databases: CINAHL, Medline, PsycINFO, etc.

• Public health surveillance systems
  – Medline Plus
  – Center for Disease Control (CDC)
  – National Center for Health Statistics (NCHS)
  – Introduction to Public Health Surveillance
Off campus access

• Access all library resources (1) through the library website or (2) through a link provided to you by a faculty/staff member or by Blackboard. Links provided to you should have been created such that they are routed through the library system.
• When you click on a library linked database/resource, you will be prompted to sign.
• Image on upcoming slide illustrates this.
  – Use your banner/Windows username and password.
    • username001@wscu.edu (do not add connect).
    • You will only have to log in one time, as long as you leave the browser open.
Databases By Subject
# Databases By Subject

<table>
<thead>
<tr>
<th>Popular Databases</th>
<th>Databases by Subject</th>
<th>Browse A-to-Z List</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>General Databases</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>The databases below cover general subjects and are great places to start, no matter what</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## Find Databases by Subject

To find databases for specific subjects, check out the pages below or filter the A-Z list by subject:

- Business
- Communication & Media Arts
- Education & Educational Psychology
- English, Languages, & Literature
- History & Non-Western Cultures
- JLA: Justice & Law Administration
- Math & Computer Science
- News
- Nursing, Medicine, & Allied Health
- Philosophy & Humanistic Studies
- Psychology
- Reference & Statistics
- Sciences
- Social Sciences
- Visual & Performing Arts
Health/Medical Databases

Databases: Nursing, Medicine, and Allied Health

- **CINAHL Complete**
  This is the definitive research tool for nursing and allied health professionals. With CINAHL Complete users get fast and easy access to top nursing and allied health journals, evidence-based care sheets and quick lessons. Indexing for more than 5,000 Journals. Full text for more than 1,500 journals.

- **PubMed**
  Premier source for bibliographic and abstract coverage of biomedical literature. Includes information from Index Medicus, Index to Dental Literature, and International Nursing. as well as other sources of coverage in the areas of allied health, biological and physical sciences, humanities and information science as they relate to medicine and health care, communication disorders, population biology, and reproductive biology.

- **Ovid Nursing Journals**
  The Ovid Nursing Collection provides access to a collection of high-quality nursing journals.

- **PsycINFO**

Reference Databases for Nursing and Health

- **Nursing Reference Center**
  Nursing Reference Center (NRC) provides a user-friendly interface for nurses, nurse administrators, nursing students, nurse faculty, best available and most recent clinical evidence and links to nursing-specific graphical interfaces.

- **DSM Library (Psychiatry Online)**
  The standard diagnostic tool used by mental health professionals. Includes research, accurate diagnosis, and treatment of mental disorders. In addition, diagnostic codes are assigned descriptive details including associated features, prevalence, gender-specific features, and differential diagnosis.

- **Health and Psychosocial Instruments Database (HiP)**
  Produced by Behaviormet Research Laboratory, Inc.
Off Campus Access - Login

To log in:

1. Use your Network ID plus @wcsu.edu (EXAMPLE: smithj005@wcsu.edu)
2. Use the same password as your WCSU email and other WCSU network logins

Network ID@wcsu.edu
Password
Login
Academic Databases

- Collections of articles, books, reports, and other types of items

- Ideally, provide an effective means of searching for information you need. Databases are designed and organized in a manner to help you search

- Might include actual “text” or might just be an index without text
Databases
(also called article databases, index or index/abstract databases)

- Articles are indexed in databases fields.
  - Index of topics in back of a book
  - Index of authors in back of a book
  - Subjects and authors could be database fields
Databases
(also called article databases, index or index/abstract databases)

• Generally, one searches using words or terms in fields. Each field can be indexed
  – Abstract
  – Title
  – Keyword
  – Subject
  – Author
  – Publication

  – “Select a field” in Ebsco generally means will search in all fields. Will illustrate.
Databases
(also called article databases, index or index/abstract databases)

• Have filters to let you specify ...
  – Year(s) published
  – Types of resources/studies (journal article, clinical trial, meta-analysis, etc.)
  – Geographic data
  – Age
  – Gender
  – And more ...
Databases
(also called article databases, index or index/abstract databases)

- CINAHL, Medline, PsycINFO, PubMed, etc.
  Getting the actual article

- Some databases
  - (a) provide the actual article within the database
  - (b) do not provide the article
    - link out to the article somewhere outside of the database
    - provide link to “document deliver”: either interlibrary loan (ILL) or Get-It-Now

Don’t forget to get the citations
Cumulative Index to Nursing and Allied Health Literature
http://www.ebscohost.com/academic/cinahl-complete

Access the Best and Most Current Nursing and Allied Health Literature

This is the definitive research tool for nursing and allied health professionals. With CINAHL® Complete users get fast and easy access to top nursing and allied health journals, evidence-based care sheets and quick lessons. Take a few minutes to evaluate all that CINAHL Complete has to offer, and you'll see why hundreds of thousands of nurses and allied health professionals rely on CINAHL Complete.

CINAHL Complete provides broad content coverage including over 50 nursing specialties, speech and language pathology, nutrition, general health and medicine and more.

Noteworthy Full Text Journals:

Content Includes:
- Full text for 1,400 journals indexed in CINAHL
- Indexing for more than 5,300 Journals
- Searchable cited references for more than 1,500 journals
- Full text dating back to 1937
- More than 4.5 million records
## Scholarly vs Popular Writing Characteristics

<table>
<thead>
<tr>
<th>Scholarly</th>
<th>Popular</th>
</tr>
</thead>
<tbody>
<tr>
<td>Articles written by experts: often professors</td>
<td>Articles written by non-specialists</td>
</tr>
<tr>
<td>Articles often go through a peer review process: independent experts evaluate the article before it's published</td>
<td>Articles are reviewed by an editor, but not by a panel of experts</td>
</tr>
<tr>
<td>Articles have footnotes and bibliographies</td>
<td>Articles may or may not mention sources in the text</td>
</tr>
<tr>
<td>Minimal advertising, graphics, or illustrations unless relevant to the article (for example, art journals)</td>
<td>Extensive advertising, lavish photos, colorful cover to market the magazine</td>
</tr>
</tbody>
</table>
Scholarly vs Popular Writing

**Scholarly**

The American Journal of Clinical Nutrition

**Popular**

TIME

Heart Disease

Obese Kids As Young As 8 May Have Heart Problems

Why Your Blood Pressure Might Actually Be Too High
Peer Review

https://youtu.be/rOCQZ7QnoN0
Evaluate Resources

http://libguides.wcsu.edu/c.php?g=119514&p=779931
• I want to study **nutrition** in the **elderly** and how a **health promotion** program might help them.
CINAHL Homepage
Advanced Search Default Settings
Initial Search Results

1. The effect of nutrition on older people’s mental health.

   (includes abstract) Harbottle, Lynn; British Journal of Community Nursing, 2019 Supplement7, 24(Supp7): S12-S16. 5p. (Article) ISSN: 1462-4753

   In the context of a rapidly ageing population, with an increasing prevalence of mood disorders and a greater incidence of physical illness in older adults, it is imperative that their healthcare ...

   Subjects: Public Health Nutrition; Mental Health In Old Age; Gerontologic Nursing Education; Nutrition; Health Promotion Methods; Aged: 65+ years

   Cited References: (22)

2. Educating registered nurses and healthcare support workers on nutrition and tissue viability.

   (includes abstract) Royall, Dawn; British Journal of Community Nursing, 2019 Supplement7, 24(Supp7): S29-S31. 3p. (Article) ISSN: 1462-4753

   This article provides an outline of an educational programme designed to inform and guide registered nurses and healthcare support
Search Terms

318K results 195K results 172K results
Boolean **AND**

nutrition AND elderly

= only area common to both

25K results
Boolean AND

nutrition AND elderly AND health promotion

= only area common to all

3.9K results
1. Dietary patterns and survival in older Dutch women.


BACKGROUND: The need to gain insight into prevailing eating patterns and their health effects is evident. OBJECTIVE: This study aimed to identify dietary patterns and their relation to total mor...

Subjects: Diet In Old Age; Mortality In Old Age; Women's Health In Old Age; Aged: 65+ years; Middle Aged: 45-64 years; Female

Cited References: (30) Times Cited in this Database: (7)

Check Journal Finder for Full Text

2. The effect of nutrition on older people's mental health.

(includes abstract) Harbottle, Lynn; British Journal of Community Nursing, 2019 Supplement?, 24(Supp7): S12-S16. 5p. (Article) ISSN: 1462-4753

In the context of a rapidly ageing population, with an increasing prevalence of mood disorders and a greater incidence of physical illness in older adults, it is imperative that their healthcare ...
Search Terms - Boolean OR

- nutrition
- nutrition OR diet

318K results

422K results
Search Terms - Boolean OR

Searching: CINAHL Complete | Choose Databases

nutrition or diet

Search Results: 1 - 10 of 421,862

1. Nutrition, diet and oral health.

de Soet JJ; Curzon MEJ; Caries Research, Jan/Feb2004 Supplement 1; 38:1-44. 44p

Subjects: Diet, Nutrition; Oral Health

Check Journal Finder for Full Text
Boolean **AND with OR**

(nutrition OR diet) AND (elderly OR geriatric)  
= only area common to both  
43K results
(Nutrition OR diet) AND (elderly or geriatric) AND (health promotion OR health education) = only area common to all 10K results
Limiters

Not in full text

Publication date

Peer reviewed

English
EDUCATIONAL ACTIVITIES ON CARDIOVASCULAR HEALTH FOR THE ELDERLY PEOPLE AT HOME.

Objective: to report the experience about the development of educational activities related to cardiovascular health at home. Method: this is a qualitative and descriptive stu...

Subjects: Patient Education In Old Age; Health Promotion In Old Age; Health Behavior In Old Age; Cardiovascular Education; Home Visits In Old Age; Geriatric Care; Aged: 65+ years

PDF Full Text
Boolean Searching

318K results (search in multiple fields)
30K results (search in title)
Boolean **AND**

nutrition AND elderly

= only area common to both

25K results (search in multiple fields)

309 results (search in title only)
Boolean **AND with OR**

(nutrition OR diet) AND (elderly OR geriatric)  
= only area common to both  
43K results (search in multiple fields)  
535 results (search in title only)
Searching CINAHL Complete | Choose Databases

- nutrition or diet
- elderly or geriatric
- health promotion or health education

Search Results: 1 - 10 of 13

1. The Impact of PRAISED on Adherence and Initiation of Heart Health Behaviors in Senior Housing...People Reducing Risk And Improving Strength through Exercise, Diet, and Drug Adherence

Subject(s): Health Education in Old Age; Cardiovascular Diseases Prevention and Control; Blacks in Old Age; Health in Old Age; Aged: 65+ years; Female; Male

Cited References: (29) Times Cited in This Database: (1)
4. The DASH Pilot Project: Developing Community-Based Nutrition Education for Older Adults.

(includes abstract) Ivery, Jan M.; Benton, Liza; Harrison, Ashley; Paul, Melissa; Cortés, Marielysseg; Journal of Gerontological Social Work, May/Jun2017; 60(4): 286-299. 14p. (Article - research, tables/charts) ISSN: 0163-4372

Nutrition-related chronic health conditions among older adults are a growing concern. In this study, nutrition education materials were created for use in senior centers by graduate nutrition stu...

Subjects: DASH Diet Education; Hypertension Diet Therapy; Nutrition Education in Old Age; Health Knowledge in Old Age; Health Promotion in Old Age; Social Marketing in Old Age; Geriatric Nutrition; Middle Aged: 45-64 years; Aged: 65+ years; Aged, 80 & over; Male; Female

Check Journal Finder for Full Text


Gravano, Tamara; Heitzman, Jill; Miller, Ken; GeriNotes, Nov2018; 25(5): 11-14. 4p. (Article)

Subjects: Geriatric Nutrition; Aging; Physical Therapy

Cited References: (14)

PDF Full Text

Authors: Gravano, Tamara; Heitzman, Jill; Miller, Ken
Source: GeriNotes (GERINOTES), Nov 2018, 25(5): 11-14, (4p)
Publication Type: Article
Language: English
Major Subjects: Geriatric Nutrition
Aging
Physical Therapy
Minor Subjects: American Physical Therapy Association; Physical Therapists; Professional Role; Health Promotion; Social Determinants of Health
Journal Subset: Allied Health: USA
Entry Date: 20181107
Revision Date: 20181211
Accession Number: 132756206
The DASH Pilot Project: Developing Community-Based Nutrition Education for Older Adults.

Authors: Ivey, Jan M.; Benton, Liza; Harrison, Ashley; Paul, Melissa; Coutiño, Marieysse

Affiliation: Georgia State University School of Social Work, Atlanta, Georgia, USA
Renal Dietitian, Atlanta, Georgia, USA
Department of Diabetes Services, Wellstar Health System, Atlanta, Georgia, USA
Department of Clinical Nutrition, Children's Healthcare of Atlanta, Eggleston, Atlanta, Georgia, USA
College of Nursing and Health Innovation, Arizona State University, Phoenix, Arizona, USA


Publication Type: Article - research, tables/charts
Language: English

Major Subjects: DASH Diet -- In Old Age
Hypertension -- Diet Therapy -- In Old Age
Nutrition Education -- In Old Age
Health Knowledge -- In Old Age
Health Promotion -- In Old Age
Social Marketing -- In Old Age
Geriatric Nutrition
### Title Search Results

I found 1 title that matches your search.

You searched for:
**Journal of Gerontological Social Work**
- Issn: 01634372  Date: 20170501  Vol: 60  Issue: 4
"The DASH Pilot Project: Developing Community-Based Nutrition Education for Older Adults.."  p.286

<table>
<thead>
<tr>
<th>Journal of gerontological social work</th>
<th>ISSN:</th>
<th>0163-4372</th>
<th>1540-4048</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sources</td>
<td>Article</td>
<td>Full-Text Begins</td>
<td>Full-Text Ends</td>
</tr>
<tr>
<td>Taylor &amp; Francis Online</td>
<td>v.60_no.4 (20170501) pg.286 &quot;The DASH Pilot Proje...&quot;</td>
<td>1/1/1997</td>
<td>Current</td>
</tr>
</tbody>
</table>

**Print Holdings in Ruth A. Haas Library**
v.13(1988)-

**Place an Interlibrary Loan Request**

**Other Libraries**

This is the only title that your search found.
Journal Finder
Other Things You Might See ...
Other things you might see ...

Check dates for coverage. In this case, ILL is only choice.
Interlibrary Loan
Interlibrary Loan
CINAHL Help

CINAHL Complete

Welcome to the CINAHL Complete Database Information Screen! To find what you are looking for, browse the topics listed below:

- [About the Database]
- [Searching Tips]
- [Navigable Index]
- [Type of Field]
- [CINAHL Subfield Headings]
- [Free Floating Subheadings]
- [Evidence-Based Practice Limited]
- [Clinical Queries Limited]
- [Publications Available In]
- [Index Browse]
- [Reference Browsing]
- [Copyright and Restrictions of Use]
- [Where to Send Your Comments]

About the Database

CINAHL Complete

CINAHL® Complete is the world’s most comprehensive nursing & allied health research database, providing full text for nearly 1,400 journals indexed in CINAHL®. Of those, 953 are not found with full text in any version of Academic Search™. Health Source® or Nursing & Allied Health Collection™. This authoritative file contains full text for many of the most used journals in the CINAHL index, with no embargo. With full-text coverage dating back to 1937, CINAHL® Complete is the definitive research tool for all areas of nursing and allied health literature.

CINAHL® Complete also provides indexing for more than 5,400 journals from the fields of nursing and allied health. The database contains more than 4.1 million records dating back to 1937. Offering complete coverage of English-language nursing journals and publications from the National League for Nursing and the American Nurses Association, CINAHL® Complete covers nursing, biomedicine, health sciences, librarianship, alternative/complementary medicine, consumer health and 17 allied health disciplines. In addition, this database offers access to health care books, nursing dissertations, selected conference proceedings, standards of practice, educational software, audiovisuals and book chapters. Searchable cited references for nearly 1,500 journals are also included.

[Back to top]

Searching Tips
Medline Plus

https://medlineplus.gov/healthstatistics.html
Center For Disease Control
https://www.cdc.gov/HealthyLiving/
Center for Disease Control
Sleep & Sleep Disorders
National Center for Health Statistics
https://www.cdc.gov/nchs/index.htm
Health, United States, 2017
National Center for Health Statistics
http://www.cdc.gov/nchs/hus/index.htm
US Census Data

http://www.census.gov/
Ethical, Economic, Legal issues

• Now I have my information/articles: what am I going to do with them?

  – Make sure you give credit to others for their work, don’t take it as your own. Cite the work of others and include in references-bibliography

  – Information is intellectual property. Just as in “real” physical property, you cannot take what is not yours and/or give it away.

  – WCSU pays for access for most of the resources available through the library. Journals, books, video, databases all cost money and are subject to copyright law.
APA Format
APA Citation Style

http://libguides.wcsu.edu/styles
Purdue OWL

https://owl.english.purdue.edu/owl/section/2/10/
In-Text Citations: The Basics

Reference citations in text are covered on pages 169-179 of the Publication Manual. What follows are some general guidelines for referring to the works of others in your essay.

Note: On pages 65-66, the Publication Manual suggests that authors of research papers should use the past tense or present perfect tense for signal phrases that occur in the literature review and procedure descriptions (for example, Jones (1996) found or Jones (1996) has found...). Contexts other than traditionally-structured research writing may permit the simple present tense (for example, Jones (1996) finds).
Reference List: Electronic Sources (Web Publications)

Please note: Some electronic citations necessitate the use of brackets; APA style dictates that brackets should directly surround their content without spaces (e.g., [bracketed content] should look like this). When possible, include the year, month, and date in references. If the month and date are not available, use the year of publication. Please note, too, that the OWL still includes information about print sources and databases for those still working with these sources.

Cite your source automatically in APA

![Citation Machine](https://citationmachine.com)

Using citation machines responsibly

Webpage or Piece of Online Content

Individual webpages and documents hosted online are cited similarly to print content. Note, however, that the URL is typically included at the end of the entry. The URL may, at the author's discretion, be left as an active link. Include additional information (like translators, editors, first edition publication date, and so on) as you would for print sources.


Feedback on Session
Link is on HPX Library Guide
HPX Library Guide

Search for hpx

Showing 13 of 13 Pages, Sorted By Relevance

Home on Health Promotion & Exercise Science (HPX)
by Tom Schmiedel | Subjects: Health Promotion

Welcome to the HPX Library Guide!... Welcome HPX 200 Fall 2016 Slides from September library sessions. Welcome HPX 200 Fall 2017 Welcome HPX 355 Human Sexuality Fall 2019 Welcome HPX 230 Drug Studies Fall 2018 Welcome HPX 200 Introduction to Community Health Assessment Fall 2018 Welcome Library Session Survey Short anonymous survey about your library session.

https://libguides.wcsu.edu/hpx?g=119487&p=779819
Feedback: http://libguides.wcsu.edu/hpx1